

MARGIN SOLUTIONS

Margin Optimization for Continuing Care

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* This presentation will be available in PDF format by request.



TODAY'S PRESENTERS



RICHARD KUNNES, MD

Managing Director – Margin Solutions

Rick brings over 35 years of experience in the healthcare industry helping hospitals and health systems on an enterprise-wide basis. He has worked as a Partner at a "Big Four" accounting/consulting firm, as a Managing Principal at one of the largest accounting/consulting firms in the Midwest, as a Chief Medical Officer at a 50 hospital/health system and as a Founder/CEO of a hospital consulting firm serving hospitals in 33 states.



MICHAEL MASSE, OTR/L

Senior Director – Continuing Care

Mike brings over 22 years of clinical and leadership experience in the healthcare field as an Occupational Therapist, Director of Rehabilitation and as a Regional Manager for a therapy and consulting service company. Most of Mike's time has been providing these services to continuing care facilities.



AGENDA

- Course Objectives
- > Background & Overview in a COVID Crunch Era
- > Optimizing Margins....Quickly & Enterprise-Wide
- Basic and Best Approaches for Early and Easy Implementation
- Continuing Care Implementation Solutions...Examples
- >Q&A



COURSE OBJECTIVES

Provide a basis for appreciating how the COVID crunch era has dramatically altered the operational and financial infrastructures for continuing care programs and related facilities.

> Understand the financial and operational necessity for the rapid implementation of widely-available, carefully-curated, but underused operational and financial continuing care solutions.

Learn specific continuing care solution examples that maximize new, high-dollar savings and net revenues quickly in a continuing care environment.





Margin Optimization and the COVID Crunch Era

The COVID crunch era....is characterized by...

- Increased expenses
- Reduced revenues
- Subtracted staffing...relative to work-load, work complexity and team cohesion
- Required accelerated mitigation and amelioration.....

Resulting in and confronted with....



8

COVID Headwinds Exacerbate...

- Constricted cash flow
- Decreased days cash on hand
- Negative ops margins...
 -and just as importantly...
- Not enough of the right staff experiences and training to quickly increase cash and margins...

Continuing care programs must work with what they have and optimize/maximize the cost-effectiveness and creativity of their incumbent execs, managers and staff.





How to: Margin Optimize Quickly for Continuing Care

Margin optimization that...

- > Decreases unnecessary use and expenses, e.g., linen change frequency, disinfectant/detergent, sitters
- > Converts expenses to revenues, e.g., CMG Scoring Accuracy...more later
- > Increases collections and reimbursements, e.g., amnesty, purchased AR
- > Gains new dollars from untapped sources.....e.g., patient estates, PTO optimized

...Using only 20-30 of the fastest-acting, highest dollar yielding Solutions to produce: Substantial increases in new savings and net revenues.





Margin Optimization in Continuing Care is finding and using...

Selected solutions in selected Continuing Care operational areas:

- Laundry
- Pharmacy
- EE Benefits: Medical & Non-Medical, Disability
- Equipment (Capital & Non-Capital)
- Legal/Risk/Contracting/Liability/Mal-Practice
- Repair/Maintenance (Clinical, Facility/Grounds)
- Food Services
- Clinical & Non-Clinical Items/Devices
- Temps/Agency/Contracted/Part-Time Staff
- Telecomm/Cells/Fax
- Clinical Services

- Energy, Electricity & Water
- IT: Software & Hardware, Contracting
- Waste/Sewage
- Payroll Operations/Time & Attendance
- PTO/OT/Premium Pay
- Payer Revenue Management
- Freight/Transportation/Logistics
- Mail/Postal Services
- · Physician, Exec. & RN Recruitment/Retention
- Patient and Non-Patient Revenues/Collections
- Out/In-Sourcing
- Contract Management





Value of Margin Optimization for Continuing Care

Quickly and Easily....

- Achieve bigger savings & revenues faster and more simply for Continuing Care facilities.
- Decrease variation and waste, while <u>increasing</u> cost-effectiveness, days cash and ops margins ASAP.
- ➤ Be affordable, practical, **implement-able & 100% scalable** for all sizes and types of Continuing Care programs.
- Increase **new savings** and **net revenues** with **no** layoffs, no furloughs, no new hires and no new overtime.







Margin Optimization's Biggest Opportunities

Continuing Care facilities with any of these issues:

- ➤ Need increased: margins, cash flow, debt capacity/ratings and/or days-cash-on-hand.
- > Want to avoid layoffs, stay independent, strengthen bargaining position and/or make new capital purchases.
- ➤ Want more focus on direct cost and margin per case, and on a carefully selected census ... to avoid...
 - * ...Increasing negative-margin admissions..."Can't make it up in volume"....or with a non-discriminated census.







Margin Optimization Facilitators for Continuing Care

All Top 20 Solutions evidence-based and proven-in-practice:

- > Margin Optimization: "Been there, done that...for 100s of facilities"
- > Top 20 Solutions must be: documentation-established and referenced.
- > Top 20 Solutions must produce high-dollar value savings/revenues.

"Stolen shamelessly, proven effective!" (Registered Service Mark)

You don't "re-invent the wheel."





Margin Optimization's Advantages

All Solutions....

- > Customizable & scalable for Continuing Care facilities
- > Cost-effectiveness-enhancing
- > Implementation-ready... leading to:
 - Quick-hit, easy-to-achieve new, high-dollar level of new savings & net
 - revenues...
 - Setting your own pace, moving as <u>quickly</u> or as slowly as you want, but <u>faster</u>.....means more multi-year, sustainable and growing new savings/net revenues.



Starting With the Solution for Continuing Care...

Leads to:

- Decision-Support to "Decision-Now"
- > Actionable-Now Solutions
- > Speed-to-Solution Implementation
- Fastest new and continuing savings/revenues



Prevents: the delaying *blur* of and drowning in Paper

Mountains





Advantages of Fast Margin Optimization for Continuing Care

Always for Continuing Care...

- Days cash-on-hand growing...quickly
- Margin-increasing...continually
- Credit rating-enhancing



Count only actually implemented new dollars, not "implementable" dollars.





Advantages of Margin Optimization for Continuing Care

- > More quickly achieves new, higher, actual savings/revenues...sooner
- > Avoids: Analysis Paralysis..."talk is cheap"
- > Proven effective for over 15 years in all states.
- > Margin optimization's "MO" is...Margin Optimization





Continuing Care Facility Fully Controls...

- > Selection, sequence & rejection of Solutions
- > The number and category of Solutions:
 - Implemented
 - Customized/Modified
 - On-Hold
 - Rejected



- > Customization of Solutions by:
 - Type/Category/Department
 - Pace and Acceleration
 - Who/Where/When/How Implement
 - Maximized dollar gain/value
 - Continuing Care's administrative fit.





Obligations for Continuing Care Facility....

Work toward a mutually effective, savings & revenue-generating dynamic via...

- Appointing an executive champion/sponsor for the Margin Optimization approach.
- >Implementing at least 2-4 high margin-optimizing Solutions in 6 months, out of 20-30 Solutions....and repeating...
- Regularly **scheduling** margin-emphasizing meetings for the implementation of quickly optimizing Solutions with appropriate execs, supervisors and staff, virtually and frequently.
- > Tracking and reporting margin optimization's new savings & net revenues on a bi-weekly basis.





The Margin Optimization approach assures...

Ease of implementation...repeat every 6 months for best results.

> Only implemented savings & net revenues counted.

Enhanced cash flow, days cash on hand and ops margins....sustained and growing.

➤ <u>No layoffs</u> no furloughs, no new hires, no OT required.

> Decreased variation and waste.







Rapidly Optimizing Solutions for Continuing Care... Examples:

- 1. Census Building/Optimizing (cc)
- 2. Therapy Labor Cost Containment (cc)
- 3. Linen Management
- 4. MDS Coding Support (cc)
- 5. CMG Scoring Accuracy & Reimbursement Optimization (cc)
- 6. Therapy Documentation (and Nursing as Appropriate) (cc)
- 7. LTC Programming/CMI (cc)
- 8. Recovery Audit/RAC, ADR Denials (cc)
- 9. Document Out-Put/Print Mgmt.
- 10. Credit Card/Procurement Fees
- 11. Waste/Recycle Mgmt.
- 12.EE Medical Benefit Eligibility



QUESTIONS?







For more information on Margin Optimization for Continuing Care, contact:



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